

## **Career Exploration Ideas:**

This list is just the beginning. The most important thing to do when looking into a possible career is to be open to experience and take advantage of the opportunities that exist. Ideally these ideas can help you get started.

### **1. Find ways to learn about yourself:**

Take career related personality and interest inventories  
Get involved on campus.  
Explore– what are your favorite classes and why?  
Get involved in a club or organization of interest  
What motivates you? What do you value? Who do you admire? Why?  
Visit with a counselor

### **2. Learn about different careers**

Visit online resources  
Talk to people in fields of interest  
Talk to Professors  
Do job shadowing  
Visit an academic advisor in Student Services

### **3. Get some experience!**

Apply for an internship –visit Student Services for details  
Volunteer  
Work on and off campus in related fields  
Take advantage of Honors coursework, Field Trips or Study Abroad opportunities  
Participate in extracurricular activities and programs  
Find opportunities for student leadership & involvement – visit Student Services for information

### **4. Know that you are free to change your mind**

Look at career exploration as a continuous process – do something that you feel good about – that allows you to be of value to yourself and the workplace. This process is far from easy. Plunge into all that you can. College is an opportunity to learn – not just about the world around you but also about yourself. Be courageous and consider any mistakes as opportunities to learn and to grow. Please visit an advisor in Student Services for additional guidance and suggestions.