

NTC & UWMC Co-ed Volleyball Rules

Game Length

- All games are rally scoring.
- A game is completed when a team scores 25 points (winning by at least 2 points), or the team that reaches 30 points first.
- The first team to win two games wins the match.

Third Game

- If a third game is necessary to decide the match the first team to 15 points wins.

Timeouts

- Each team is given 1 timeout per game.
- Timeouts can only be called during a dead ball, unless there is an injury. If play is stopped due to an injury, that point will be replayed.
- Timeouts are 1 minute long.

Players/Team

- Players must be NTC or UWMC students or staff.
- Players may compete for **ONLY ONE** team. Once a person has played with a team, they cannot play with any other team. Violation will result in a forfeiture of the games involving that player.
- Roster sheets will be cross referenced with student ID cards.
- Maximum of 6 players on the court. No more than 3 players of the same sex may be on the court.

Before The Game

- Paper, scissors, rock will precede the match. The captain that wins will choose to serve or receive. The captain that loses will choose which side they start on.
- Paper, scissors, rock will precede the third game if needed.

Game Play

- NCAA rules will be enforced.

Forfeits

- Failure to begin play after 10 minutes of the scheduled game time will result in a forfeit of the first game. After 15 minutes, the match will be forfeited.

Shoes

- All players are required to have clean indoor running shoes.
- A player with dirty, muddy, or wet shoes will be asked to leave the playing surface.

Dismissal From League

- Physical contact with players.
- Flagrant fouls that could, or do injure anyone.